

THE COLLEGE OF EARTH, OCEAN, AND
ENVIRONMENT AND COLLEGE OF ENGINEERING
EMPOWER CHAPTERS PRESENT:

BUILDING
RESILIENCY
AS A
GRADUATE
STUDENT

MAY 05 2021

3 - 4 P M



JOIN US FOR A CONVERSATION
WITH TENIKKA PHILLIPS, EAP
COORDINATOR AT CABELL
HUNTINGTON HOSPITAL, ON
STRATEGIES TO BUILD MENTAL
RESILIENCE AND WELLNESS
FOLLOWED BY BREAKOUT ROOM
DISCUSSIONS

ZOOM LINK: [HTTPS://UDEL.ZOOM.US/J/96416047799](https://udel.zoom.us/j/96416047799)

PASSWORD: EMPOWER