

UD HELPLINE 24/7/365 (AVAILABLE 24 HOURS A DAY)

Sexual Offense Support (SOS) and Emergency Mental Health resources

UD Helpline 24/7/365 (Available 24 hours a day) – 302-831-1001

UD Helpline is available 24 hours a day, 365 days a year for any UD student feeling anxious, overwhelmed, or otherwise in need of someone to talk to.

Callers can **press 1** to request a call back within 10 minutes from a **Sexual Offense Support (SOS)** advocate.

Callers can **press 2** to connect with a **Mental Health Professional** immediately.

UD Police and LiveSafe App (Available 24 hours a day)

If you or a friend are in immediate danger on or near campus, call 911 to connect with University of Delaware Police. You can also [use the LiveSafe app](#) on an Apple or Android smartphone to report an emergency or request assistance.

Confidential Crisis Text Message Support Text line - 741741

New in fall 2018, students can text “**UDTEXT**”, or “**STEVE**” for students of color, to the phone number 741741 to connect with confidential text message support:

UD Text line:

- text UDTEXT to 741741
- text STEVE to 741741 to reach a professional trained to support students of color